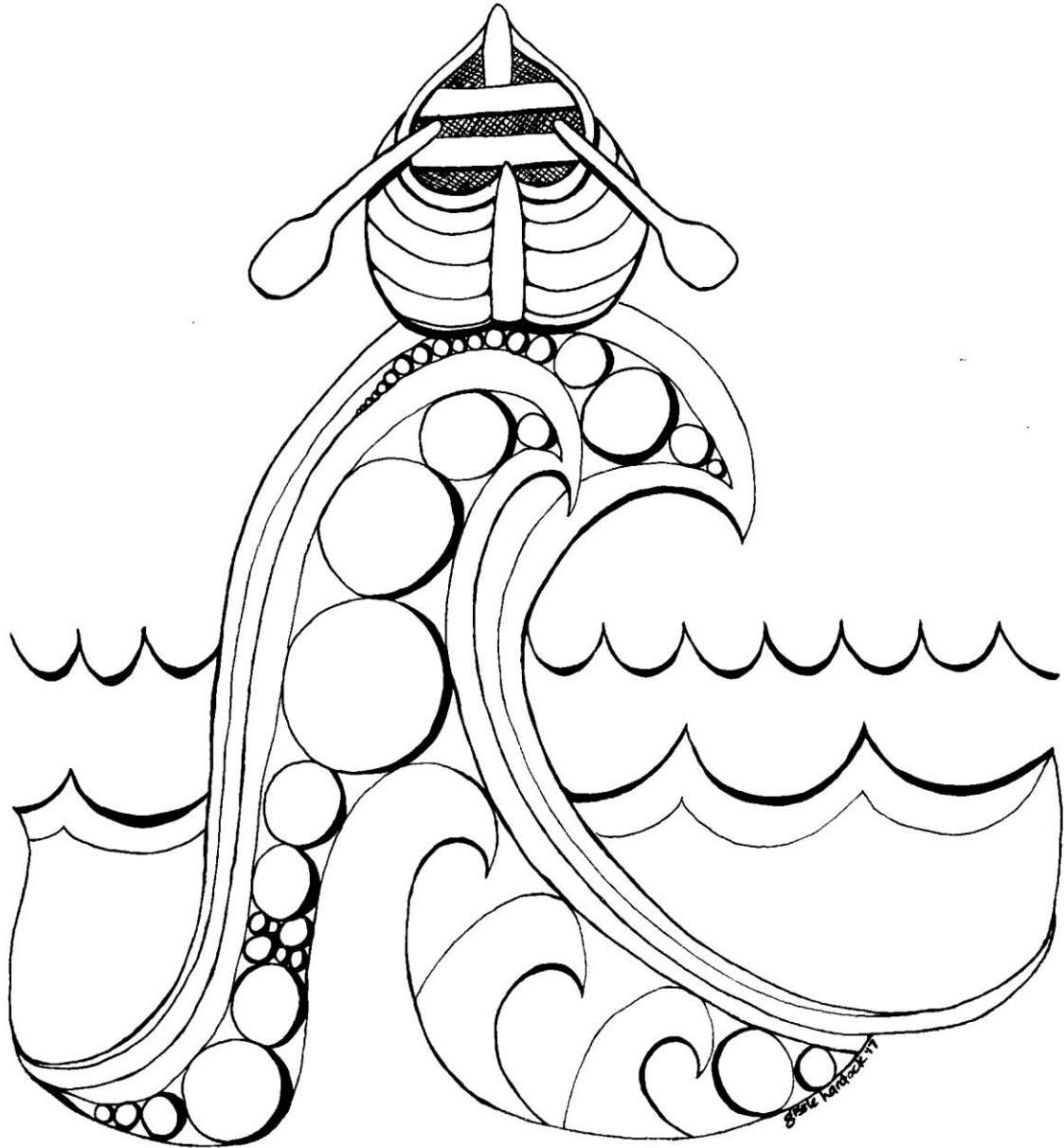


To pray is not to read Psalms. To pray is to trust in God, and to be
submissive in all things to Him. Be submissive, then things will
change for you. Put your family in God's hands. Love God's will.
Strong ships are not conquered by the sea, — they ride the waves.



Now be a strong ship, not a battered one.

'Abdu'l-Bahá